## **Case Series**



# Pseudopapillary and Solid Tumor of Pancreas (PPSTP): Report of Seven Cases

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Received 17 February 2020;

Accepted 11 March 2020;

Published 31 March 2020

#### **Summary:**

**Introduction:** Described for the first time by Frantz in 1959<sup>[1]</sup>, pseudopapillary solid tumors of the pancreas (PPSTP) and have been defined since 1996 by the WHO as solids and papillaries<sup>[2]</sup>. They are particular by their clear predominance occurring in young women (30 years on average) and their good long-term prognosis<sup>[3]</sup>. Their positive diagnosis is often based on modern morphological examinations such as computed tomography and MRI. Surgery occupies a prominent place in their therapeutic management and all importance must be given to their diagnosis or at least their strong presumption in order to make curative surgical resection. We report seven cases all involve women, with an average age of 26.4 years (15-59 years). Radical surgery was performed in all cases with simple consequences in 5 patients and complicated in 2 others, including a pancreatic fistula and a pulmonary embolism. The histological study confirmed the diagnosis in all cases and the latter was supplemented by immunohistochemistry. In the long term, the seven patients are alive without recurrence at 100, 88, 78, 74, 48 and 24 months. **Conclusion:** this form of pancreatic tumors has a good prognostic if well treated. The surgery is the best treatment. Clinician, radiologist, histologist and surgeon must know this disease.

Keywords: pseudopapillary tumor of pancreas – pancreatic tumor - favorable prognosis

# Introduction

Described for the first time by Frantz in 1959<sup>[1]</sup>, pseudopapillary solid tumors of the pancreas (PPSTP) and have been defined since 1996 by the WHO as solids and papillaries<sup>[2]</sup>. They are particular by their clear predominance occurring in young women (30 years on average) and their good long-term prognosis<sup>[3]</sup>. Their positive diagnosis is often based on modern morphological examinations such as computed tomography and MRI. Surgery occupies a prominent place in their therapeutic management and all importance must be given to their diagnosis or at least their strong presumption in order to make curative surgical resection. The aim of the work is to report our experience on seven cases of pseudopapillary and solid tumor of pancreas (PPSTP) and followed in our service.

# Casuistic

These are seven women with an average age of 26.4 years (15, 16, 31, 34, 36, 37 and 59 years). Two patients underwent a cholecystectomy two years and ten years previously. Another patient had her tumor diagnosed just after vaginal delivery and a second had two desired pregnancies with the diagnosis of tumor already made. Clinically, all of these patients were in good general condition. Atypical pain was noted in three patients, a palpable mass in three, vomiting in two others, and asthenia in the latter. For

two patients, the discovery of the tumor was fortuitous. Biologically, amylasemia and lipaemia were normal in second case and first case respectively. The rate of Ca19.9 was high in one patient and normal for the rest. The rate of CEA was normal for all patients (Table n°1: characteristics of the patients). Morphological exploration by transcutaneous ultrasound showed for the fourth patients where it was performed a formation with a heterogeneous echostructure very limited. The computed tomography was in favor of a hypodense tumor, provided with a capsule and taking the product of contrast. MRI performed in two patients objectified tissue formation taking contrast and cystic appearance in a third. One patient underwent endosonography and the latter showed very limited echogenic formation with necrotic center. A patient benefited from a cytoponction whose cytological study returned in favor of a carcinoma and the diagnosis retained was an adenocarcinoma of the head of the pancreas. For two patients, the diagnosis of PPSTP was made or mentioned before the surgery while in the five others the diagnoses mentioned were in favor of a benign tumor of the pancreas (mucinous tumors), endocrine or a stromal tumor. The tumor process was located in the head in two patients and in the left pancreas in five others. The tumor diameter was on average 105mm (70 - 150mm) (Table n°2: Radiological aspects). The intraoperative exploration showed in the 6patients a formation with smooth and regular surface (encapsulated tumor), with soft to firm consistency and well limited. A corporeo-caudal tumor with 150mm in large diameter (the largest in this series) showed adhesion to the left mesocolon. Two Whipple procedure,

two left splenopancteatecomy, including one enlarged to the colon and three pancreatectomies and left without splenectomy were performed (Table n°3: Intraoperative aspects). The operative suites were simple in five patients. One patient presented a dried up pancreatic fistula under medical treatment after 15 days and another presented a pulmonary embolism treated with anticoagulants for six months. The histological study was in favor of PPSTP in seven patients. These tumors had a capsule in all cases. These capsules, intact in five patients, were ruptured in two others. In the latter two patients, infiltration of the pancreas adjacent to the tumor was demonstrated. Histologically, papillary or pseudopapillary architecture was also present in all cases. The cells are round; the nuclei have little pronounced abnormalities and rare to absent mitosis. No perineural sheathing or vascular emboli were noted (concept specified in 5cases). No lymph node infiltration was noted (Lymph nodes analyzed in three cases) (Table n°4: Histological aspects.). An immunohistological study was carried out, confirming the diagnosis made using standard histology (Table n°5: immunohistochemical aspects). In the long term, the seven patients are alive without recurrence at 100, 88, 78, 78, 74, 48 and 26months.

Variable	Cas 1	Cas 2	Cas 3	Cas 4	Cas 5	Cas 6	Cas 7
Age	31	36	15	16	34	59	37
Sex	F	F	F	F	F	F	F
Antecedent	1 Synchronous pregnancy	CX	NR	NR	2 synchronous pregnancy	Diabetes	CX
Condition	Well	Well	Well	Well	Well	Well	Well
Pain	No	Yes	Yes	No	No	Yes	No
Palpable mass	No	No	Epigastrium	Left hypo- chondrium	No	Left Hypo- chondrium	No
Asthenia	Yes	No	No	No	No	No	No
Vomiting	Yes	No	No	Yes	No	No	No
Fortuitous discovery	No	No	No	No	Yes	No	Yes
Tumor site	Corporeal and caudal	Tail	Head	Body	Head	Corporeal and caudal	Corporeal and caudal
Amylasemia	Normal	-	-	Normal	-	-	-
Lipasemia	Normal	-	-	-	Normal	-	-
Ca 19.9	Normal	Normal	Normal	Normal	Normal	High	Normal
CEA	Normal	Normal	Normal	Normal	Normal	Normal	Normal

#### Table n°1: Clinical and biological data.

CX: Cholecystectomy Ca 19.9: Carbohydrate antigen 19.9 CEA: Carcino-embryonic antigen

NR: Nothing to Report

#### Table n° 2: Radiological aspects.

Exam	Case	Dimensions	Aspect	Capsule	Contrast	Limits	Preoperative diagnosis
			_		enhancement		
US	1	40x23	Heterogeneous	Yes	-	NetNM	Pancreatic tumor
	2	NM	NM	NM	-	Net	-
	3	94x80	Heterogeneous	NS	-	Net	Hepatic tumor
	4	107x87	Heterogeneous	Yes	-	Net	Mixed tumor
	5	110x78	Heterogeneous	NS	-	NM	Mixed tumor
	6	-	NM	NM	-	NM	-
	7	-	NM	NM	-		-
СТ	1	42x27	Hypodense	Yes	Yes	Net	Benign Tumor
Scan	2	78x70	Hypodense	Yes	Yes	Net	Benign tumor
	3	112x106	Hypodense	Yes	Yes	Net	PPSTP
	4	101x91	Hypodense	Yes	Yes	Net	Tumor not specified
	5	120x95	Hypodense	Yes	Yes	Net	PPSTP
	6	70x60	Hypodense	Yes	Ye	Net	Mucinous cystadenoma
	7	65X62	Hypodense	Yes	Yes	Net	PPSTP ou neuroendocrine tumor
MRI	1		NM	NM	NM	NM	NM
	2		NM	NM	NM	NM	NM
	3	100X90	NM	NM	NM	NM	NM
	4	120X105	NM	NM	NM	NM	NM
	5		Tissue T1	Yes	Yes	Net	Stromal tumor
	6		Kystique	Yes	Yes	Net	Mucinous or serous tumor
	7						
EUS	4		Necrotic center tumor	NS	-	-	NS
FNA	3	Carcinoma	1		1		1

US: Transcutaneous ultrasound - CT scan: Computed tomography scan- MRI: magnetic resonance imaging – EUS: Endoscopic ultrasound – PPSTP: pseudopapillary and solid tumor of pancreas. NM: Not made- NS: not specified- FNA: fine needle aspiration

Case	Dimensions cm	Surface	Limits	Gesture	Immediat follow-up	Long-term follow-up
1	7	Smoth	Soft tumor and	LP	Uneventfull	AWD
			well-limited			100mois
2	8	Smoth	Tumor	LSP	Pancreatic fistula	AWD
			Well-limited			88months
3	15	Smoth	Tumor	Whipple	Uneventfull	VSR
			well -limited			78months
4	8	Smoth	Tumor	PG	Uneventfull	AWD
			well-limited			78months
5	10	Smoth	Tumor	Whipple +	Uneventfull	AWD
			well-limited	ceasarean		74months
6	15	Smoth	Tumor	LSP +C	Pulmonary embolism	AWD
			well-limited with adhesion			48months
			to the colon and mesocolon			
7	7	Smoth	Firm tumor and	LP	Uneventfull	AWD
			well-limited			26months

Table  $n^{\circ}$ 3: Peroperative aspects, gestures et operating suites

LP: Left pancreatectomy – Left splenopancreatectomy - C: colectomy – AWD: alive without desease

#### Table n° 4: Histologic data.

Variable	Case 1	Case 2	Case 3	Case 4	Case 5	Case 6	Case 7
Cells	Uniforms	Uniforms	Cubo-cylindrical	Uniforms	monomorphi	Rounded	monomorphic
	rounded	rounded	-	rounded	с		-
Architecture	Pseudopapillary	Papillary and	Pseudo-papillary	Pseudo-	Pseuodo-	Pseudo-	Papillary and
	and trabecular	trabecular+	+ rosettes	papillary and	Papillary and	papillarye+	trabecular
		pseudo-rosette	pseudo-	trabecular	cribririforme	rosette	
		poeddo Tobette	ependymal			1050000	
Nucleus	Rounded	Little	Rounded	Rounded		Rounded	Rounded
Mitosis	Few	Few	Absent	Few	Few	Few	Absent
Nuclear atypia	-	-	Minimal	-	Minimal	Minimal	Absent
Node	NX	NO	N0	NX	NX	NO	NX
Nervous sheaths	Absent		Absent	Absent		Absent	Absent
Vascular emboli	Absent		Absent	Absent		Absent	Absent
Neighboring pancreas	Healthy	Infiltrated	Healthy	Infiltrated	Healthy	Healthy	Healthy
Capsule	Intact	Broken	Intact (Thick	Intact	Broken	Intact	Intact
		(Fibrolamellar	fibrous and	(Fibrous and	(Fibrous and		
		defeated to	locally	thin)	thick)		
		ruptured)	laminated)				
Peritoneal cytology	Suspecte	-	-	-	-	-	Benign
Resection	R0	R0	R0	R0	R0	R0	R0

NX: Nodal status not unknown

# Table n°5: Immunohistochemical analysis

Parameter	Case 1	Case 2	Case 3	Case 4	Case 5	Case 6	Case 7
Progesterone receptors	+	NM	NM	NM	NM	+	+
Oestrogen recepteors	NM	NM	NM	-	NM	NM	NM
Ki67	10%	NM	NM	NM	10%	NM	NM
Vimentine	+	+	NM	+	+	+	+
NSE	-	+	NM	NM	+	NM	NM
Antisynaptophysine	NM	-	NM	NM	NM	NM	NM
EMA	NM	NM	NM	-	NN	NM	NM
Chromogranine	NM	NM	NM	NM	NM	-	-
Beta cathenine	NM	NM	NM	NM	NM	+	NM
AE1	NM	NM	NM	NM	NM	+	NM
AE3	NM	NM	NM	NM	NM	+	NM
Cytokeratine	NM	NM	NM	NM	-	NM	NM

NM: Not made.

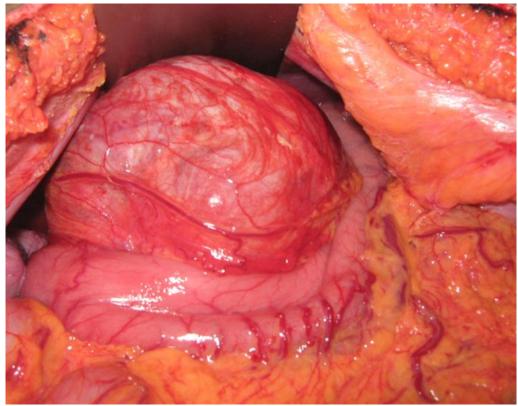


Figure n° 1: Pseudopapillary and solid tumor of pancreatic head Peroperative aspect (Case 3)

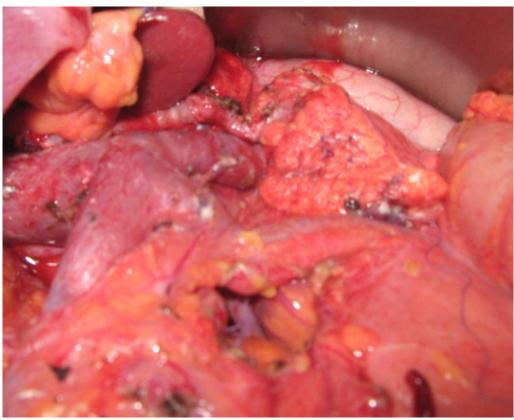


Figure n°2: Head of pancreas resected Peroperative aspect (Case 3)

# Discussion

TSPPP is particular in that it occurs in young women around their thirties. They represent between 1.5 to 2.5% of all pancreatic tumors <sup>[4]</sup>. In our experience, this rate is 2.5%. The average age of our series of 32.6 years is similar to that of the literature <sup>[5]</sup>. The signs most often encountered in patients are mild abdominal pain (often epigastric or left hypochondrium) and palpable mass

(epigastric and left hypochondrium. This symptomatology is not specific or suggestive. We have to insist on the fact of the minimal intensity of the painful symptomatology of this disease. It is opposed to the pain of adenocarcinoma of the pancreas both for the cephalic localization (obstructive jaundice) and corporo-caudal (intense pains and characteristics of the pancreas). Other clinical signs can be reported as vomiting, anorexia, abdominal discomfort, nausea, jaundice, fever and weight loss <sup>[6]</sup>. The diagnosis of the tumor by chance or fortuitous way is not uncommon possibility. It was reported by all publications as in our series (cases 5 and 7)<sup>[7]</sup>. To be complete, PPSTP can be diagnosed at the stage of complications such as rupture <sup>[8]</sup> and portal hypertension <sup>[9]</sup>. Modern imaging using computed tomography, MRI, transcutaneous ultrasound and endosonography. The elements that come back during these exams are the solid or tissue nature with areas of necrosis, hemorrhage, the presence of a capsule with a clear delimitation, the contrast enhancement for a tumor of large dimensions in a patient in good condition. This tumor must be retained if a full tissue mass found is well limited, large, encapsulated, solid and cystic with foci of hemorrhage, which are highlighted by a high signal in T1 accompanied by a slight and peripheral contrast at the injection of contrast medium <sup>[10]</sup>.

It must be said that MRI is superior to CT because it better shows the hemorrhagic components. A purely cystic aspect has been reported in the literature <sup>[11]</sup>. The images found in our series are identical to those in literature. On the biological level, note that markers such as Ca19.9 and ACE are of no use except to orient themselves towards another etiology (Frank and important elevation for example of Ca.19.9 and CEA in case of pancreatic adenocarcinoma). Intraoperatively, the tumor showed in the 7patients the same aspect (well-limited tumor, with smooth surface, encapsulated). In only one patient, strong adhesion to the colon and mesocolon was noted. As with neuroendocrine tumors and stromal tumors, PPSTP increases in size without infiltrating the surrounding organs in the overwhelming majority of cases. For us, this is an element that should make them talk about preoperatively and intraoperatively. In rare cases, venous infiltration has been reported in the literature <sup>[12]</sup>, such as the presence of liver metastases <sup>[13]</sup> or peritoneal carcinosis <sup>[14]</sup>. Histological analysis of the operating room showed in our series the absence of perinervous sheathing, vascular emboli and lymph node infiltration. This is what is reported in the overwhelming majority of cases in the literature. In fact, Siva P et al <sup>[15]</sup> propose the following elements as aggressive : T3 or more, perinervous sheaths, vascular emboli, lymph node infiltration and metastatic development. It is important that the question of malignancy is asked at the time of diagnosis of PPSTP to adapt the surgical procedure because it must be the most conservative type of enucleation or pancreatic resection without splenectomy and without lymphadenectomy, especially for tumors located at left.

This surgical resection is and must be of the R0 type (which is possible for the majority of cases). In our series, this was possible in the seven patients, even if the neighboring pancreas was infiltrated in two of them. Our patients are alive without recurrence with an average survival of 70,3months (26 - 100 months) and 64% survival at 5 years. A recurrence such as liver metastases, peritoneal carcinosis, or locoregional may occur <sup>[16]</sup>. Even in recurrence, surgery with curative resection must be attempted because survival after new R0 type resection is interesting <sup>[17]</sup>. Conclusion: The PPSTP is an entity to know and recognize. It should be mentioned when a young woman around the age of 30 has a mixed and well-limited pancreatic tumor process. This process can have an important dimension, is palpable, and does not cause the complications or the usual symptomatology of pancreatic cancer (jaundice and intense pain). Modern imaging with transcutaneous ultrasound, CT scan, MRI can evoke the diagnosis. Surgical resection type R0 is the treatment of choice. This surgery should be as far as possible a limited pancreatic resection, without sacrifice of the spleen and without lymphadenectomy for the tumors located on the left. For cephalic localization, Whipple

resection is the method of choice when the tumor is large, but limited surgery may be attempted for tumors of 30mm and less.

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